



# Middle School Handbook 2021

A guide for students and parents of Scotch College

SCOTCH  
COLLEGE







### From the Head of Middle School

Dear Parents,

Welcome to Scotch College Middle School. This publication in conjunction with SEQTA *Engage* on the College website, are the two most significant sources of parent information with regard to the operation of the College and in particular Middle School. This resource contains the large overarching descriptors of student requirements and organisation. New parents to the College will be set up with log in details to access SEQTA *Engage* which contains more specific information relating to your son's courses and details such as Sport fixtures or Co-curricular activity that are updated on a weekly or term by term basis. Both sources are important reference sites for information; however Middle School Reception is always a phone call or email away if you have any queries or concerns.

Of the 200 students who are new to the College each year, 120 of these boys begin their time at Scotch in Middle School. Leaving local community schools, both rural and metropolitan, and crossing boundaries to join a large cohort of new peers is always challenging. Being in or on the cusp of adolescence makes it even more so. These two factors are significant contributors to the purpose and mission of Middle School and our role in preparing boys for the next phase of their life.

I look forward to working with you and your son during this dynamic stage in his education, growth and development.

**Mr Brad Gill**  
**Head of Middle School**

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## College Motto

*Sicut patribus sit deus nobis.*

The Lord be with us as He was with our forefathers.

The motto in Latin was chosen from the Old Testament (1 Kings Chapter 8 Verse 57). These were the words of King Solomon to the people on the completion of the Temple meaning, in English, The Lord be with us as He was with our forefathers.

## Coat of Arms

In 1897, the first Headmaster, Mr John Sharpe, called a meeting of the older scholars including Andrew Grieve, Livingston Shearer and Gordon Hill, to discuss the designing of a School Badge. That meeting decided the shape of the shield and the scroll, the School colours, maroon, blue and gold and the four symbols - the Cross of St Andrew (patron saint of Scotland), the Thistle (national flower of Scotland), the open Bible (religious tradition) and the Black Swan (symbol of Western Australia).

## Vision

A learning community with an international standard of excellence.

## Mission

To develop young men with strength of character, self-understanding, a passion for sustained learning and spiritual inquiry who will become active members of the global community.

## Middle School Co-Missioning Statement

- **Transition** towards independence
- **Engagement** for fulfilling learning
- **Innovation** preparing for the future

## Core Values

As a Christian College these are our core values and tenets:

**Integrity:** adherence to moral and ethical principles; soundness of moral character; honesty

**Service:** acts of helpful activity; assistance and support; to do someone service.

**Stewardship:** using talents, abilities and resources in a responsible and honourable manner.



## At Scotch We Promote:

<b>Individuality:</b>	through knowing every boy
<b>Openness:</b>	through spiritual inquiry as an important element of life's journey
<b>Opportunity:</b>	through breadth of experiences for learning
<b>Equity:</b>	through quality of opportunity for all
<b>Excellence:</b>	through personal achievement
<b>Respect:</b>	through valuing self, family, community and environment

## College Benediction

May the road rise up to meet you  
May the wind be always at your back  
May the sun shine warm upon your face  
May the rain fall soft upon your field  
And until we meet again  
May God hold you  
In the palm of his hand

## School Song

### God of Our Fathers

#### Verse 1

Blue was the banner raised in days of old  
Set in a mantle of maroon and gold  
This is the College standing on the hill  
God of our fathers, please be with us still!

Principles by which we stand  
Make every boy, mark every man  
No mistaking right from wrong  
In mind and body strong .....

#### Chorus

Born of a hundred proud and ancient clans  
Forged in the furnace of a brave new land  
Bound for a future time will yet fulfil  
God of our fathers, please be with us still

#### Verse 2

Blue was the banner raised in days of old  
Set in a mantle of maroon and gold  
This is the College standing on the hill  
God of our fathers, please be with us still!

Stand united, meet the test  
With honour compete, give only the best  
Bonding father, brother, son  
The baton passes on .....

#### Chorus

Born of a hundred proud and ancient clans  
Forged in the furnace of a brave new land  
Bound for a future time will yet fulfil  
God of our fathers, please be with us still

#### Verse 2 repeated

Blue was the banner raised in days of old  
Set in a mantle of maroon and gold  
This is the College standing on the hill  
God of our fathers, please be with us still!  
God of our fathers, please be with us still!

# Middle School Handbook 2021

## Middle School Office Hours and Contact Details

### Office Hours

Monday – Friday  
8am–4pm

### School Holiday Hours

Contact Senior School Office  
Monday – Friday  
8am–4pm

### Address

76 Shenton Road  
Swanbourne WA 6010

### Postal

PO Box 223  
Claremont WA 6910

### Phone

(08) 9383 6957 (Middle School)  
(08) 9383 6800 (school holidays)

### Email

[middleschool@scotch.wa.edu.au](mailto:middleschool@scotch.wa.edu.au)

## Term Dates 2021

### Summer Term

Monday 1 February – Thursday 1 April

**Mid-term break: Friday 26 February – Monday 1 March**

### Autumn Term

Tuesday 20 April – Friday 2 July

**Mid-term break: Friday 4 June – Monday 7 June**

### Winter Term

Tuesday 27 July – Friday 24 September

**Mid-term break: Friday 20 August – Monday 23 August**

### Spring Term

Tuesday 12 October – Tuesday 7 December (Middle School & Junior School)

Wednesday 13 October – Wednesday 8 December (Senior School)

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## Middle School Staff

<b>Head of Middle School:</b>	Mr Brad Gill
<b>Deputy Head of Middle School:</b>	Mrs Pina Giglia
<b>Director of Teaching &amp; Learning K-12:</b>	Mrs Cara Fugill
<b>Head of Academic Support &amp; Enrichment:</b>	Mrs Gill Youngleson
<b>Personal Assistant to Head of Middle School:</b>	Ms Rebecca Kennington
<b>Middle School Secretary:</b>	Ms Lisa Graham
<b>Middle School Administration Assistant:</b>	Mrs Chris Smith

## Contacting the College

If you need to notify Middle School regarding any form of absence, please email [middleschool@scotch.wa.edu.au](mailto:middleschool@scotch.wa.edu.au) or phone 9383 6957 and your son's teachers will be advised accordingly. Alternatively you can also use the Absentee button on the College App.

Parents who wish to discuss their son's academic, pastoral or co-curricular progress should email their son's Homeroom Teacher in the first instance. If you would like to discuss something in person please phone or email the Middle School office to arrange a meeting or a return phone call. Parents are welcome to discuss boys' progress with any of their class teachers at any time.

On occasions it may be appropriate to directly contact the Head of Middle School, a member of the Academic Support team, the Middle School Psychologist or the Chaplain. Please make an appointment through the Middle School office.

## Change of Parent Details

If you need to update your contact details or if there is a change to your family circumstances, please inform the College in writing (email is suitable) immediately. Prompt receipt of accurate information ensures your family receives all vital information from the College on time.



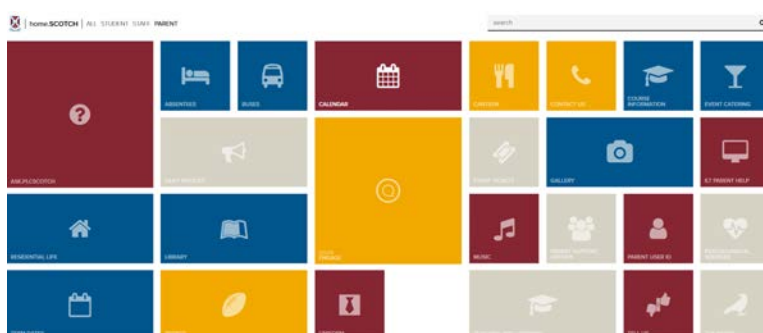
## Methods of Communication

The College communicates via a variety of publications between School and Home:

### Online Resources

We encourage parents to access the Scotch Community online resources at [home.scotch.wa.edu.au](http://home.scotch.wa.edu.au). To access the features, each parent requires a unique username and password. This is in the format of 's' and 6 digits eg., **s123456**. If you experience any difficulty, please contact ILT Helpdesk on (08) 9383 6866. We encourage all parents to book an ILT workshop to upskill yourself on how to manage your son's laptop at home, navigate our online resources or get the most out of mobile technologies.

### Home.Scotch Page



Features on the Home Page include:

- Whole School Calendar
- Residential Life (Boarding)
- Vidigami Photo Gallery

### Scotch Community Page

Available via [home.scotch.wa.edu.au](http://home.scotch.wa.edu.au) and the Community tab (see below)



Features on the Community Page include:

- Sport Website: calendar and fixtures
- SEQTA *Engage*: assessments, homework, update medical information
- Book a Scotch College Event
- Reset your Scotch password
- TELL US – opportunity to highlight a concern or offer a compliment

# Middle School Handbook 2021

## Regular publications and communications include:

### Scotch College App (available January 2021)

Each week, notices are published to advise and remind parents about forthcoming events. Parents can download the App to their Apple or Android smart phone or iPad by typing 'Scotch College' into the App store.

### The Thistle eNews

This whole-school eNews is emailed out fortnightly.

### Clan

Full-colour magazine of College events published each semester.

### School Calendar

The whole-school calendar is available online at [calendar.scotch.wa.edu.au](http://calendar.scotch.wa.edu.au). This is a great resource for students and parents and includes all term dates; events, performances and exhibitions; sporting fixtures; co-curricular activities; camps, tours and excursions; and academic programmes.

## Semester Reports – Year 6, 7 & 8

### Parent Teacher Interviews and Student Led Conferences

In Semester 1, the Parent and Teacher interviews for Years 6, 7 and 8 have a pastoral care focus. We aim to discuss the question, 'How as a Parent -Teacher partnership can we best support your son?'

Following Semester 1 reporting, the boys will spend time in class analysing their reports and formulating goals and strategies for the coming semester. All families in Years 6, 7 and 8 are then invited to attend Student Led Goal Setting Conferences with the Homeroom teacher, where your son will lead the conversation and share the goals he has committed to for Semester 2.



## Daily Life

### Daily Routine

The Middle School operates on a six period day over a 10 day cycle with each day beginning at 8.35am and concluding at 3.25pm, except for Friday which concludes at 3.15pm. The ten minute difference between Junior School and Middle School at the end of the day is designed to alleviate traffic congestion at this peak time.

### The School Day

#### Daily Routine

#### Monday to Thursday

<b>First Bell</b>	8.25am
<b>Guided Literacy</b>	8.30am – 8.50am
<b>PERIOD 1</b>	8.55am – 9.45am
<i>Break/Move</i>	9.45am – 9.55am
<b>PERIOD 2</b>	9.55am – 10.45am
<b>Recess</b>	10.45am – 11.05am
<b>PERIOD 3</b>	11.10am – 11.55am
<i>Break/Move</i>	11.55am – 12.05pm
<b>PERIOD 4</b>	12.05pm – 12.55pm
<b>Lunch</b>	12.55pm – 1.30pm
<b>PERIOD 5</b>	1.35pm – 2.25pm
<i>Break/Move</i>	2.25pm – 2.35pm
<b>PERIOD 6</b>	2.35pm – 3.25pm

#### Friday

<b>First Bell</b>	8.25am
<b>Guided Literacy</b>	8.30am – 8.50am
<b>PERIOD 1</b>	8.55am – 9.45am
<i>Break/Move</i>	9.45am – 9.55am
<b>PERIOD 2</b>	9.55am – 10.45am
<b>Recess</b>	10.45am – 11.05am
<b>PERIOD 3</b>	11.10am – 11.55am
<i>Break/Move</i>	11.55am – 12.05pm
<b>PERIOD 4</b>	12.05pm – 12.55pm
<b>Lunch</b>	12.55pm – 1.25pm
<b>PERIOD 5</b>	1.30pm – 2.15pm
<i>Break/Move</i>	2.15pm – 2.25pm
<b>PERIOD 6</b>	2.25pm – 3.15pm

### Supervision

Middle School boys may arrive at school from 8.10am onwards, when members of staff assume their duties for the day. The oval is not used before school. All boys should be at school no later than 8.25am. From 8.25am until 8.30am the boys are expected to move to classrooms and prepare for the commencement of the school day. The first lesson commences at 8.30am.

### Setting Down and Picking Up Arrangements for Students:

Vehicle access and parking all over the College is congested during peak times at the start and finish of each day.

The set down and pick up points for Middle School boys are:

1. Kiss & Go car park off Stirling road, adjacent to the playing fields
2. Gooch Pavilion via Fern Street
3. Wright Avenue set down/pick up bays

Saunders Street, the Staff Only car park at the end of Saunders Street and the drive in access off Shenton Road to the Year 7-8 & 9 Boarding Houses are NOT to be used as set down and pick up areas. Please consider our neighbours surrounding Middle School by using our designated zones within the College.

Please do not use Shenton Road as a pick up or drop off location as it is too dangerous having boys cross lines of traffic at peak hour.



## Getting to and from Scotch College

For traffic and environmental considerations, boys are encouraged to utilise public transport. The 27, 97 and 102 buses stop outside the School. The train is also nearby with a Senior School staff member on duty at the train station each afternoon. A crosswalk attendant is on duty at Claremont Crescent in the morning and afternoon each day.

Scotch College understands that many of our families who do not live close to the School require assistance for students to make their way to and from Scotch each day. To facilitate this, Scotch College and PLC jointly subsidise bus services for our students servicing the Coogee, South Perth and West Leederville areas. Both schools regularly review passenger numbers on all the routes to ensure as many students as possible can access the services. We make every effort to facilitate this, however we are not able to meet every individual need. Bus tickets for the subsidised services are available from the Middle School Reception and are charged to your school account.

We also offer a Scotch College/PLC shuttle service that operates in the morning and the afternoon for students to utilise.

For up-to-date information regarding the transport services available please visit the Buses link in SEQTA *Engage* or visit the link below  
<https://www.scotch.wa.edu.au/view/admissions/transport-to-scotch>

## Bicycles

Bicycles are left in the racks near Middle School Reception. All bicycles are to be locked. The wearing of safety helmets while travelling to and from school is compulsory.

## Smartider Student ID Cards

In Summer Term, students are issued with a Student ID Card that allows them to identify themselves as a student of Scotch College. This card provides access to the College printers, travel on Transperth public transport services and the ability to make purchases at the Canteen when linked to your Flexischools account.

## Mobile Phones

In simple terms, students are not to use, access or have their mobile phones on them at any time during the school day, including recess and lunch time. If it is necessary for your son to bring a mobile phone to school it is to be kept in his bag or locker. Boys who forget or who deliberately choose to ignore this policy will have their phone confiscated for the day on the first occasion, and on a second offence a parent will be required to collect the phone from the Deputy Head of Middle School's office. Repeated occurrences will result in boys not being permitted to possess a mobile phone at all while on campus.

Important reasons behind this policy is that whilst phones are a distraction and are limiting face to face interaction between friends, they are also more than a phone, they are a camera and a video camera. One aim is to reduce opportunities for boys to inadvertently or inappropriately capture images without permission whilst on school grounds.

### Chapel

All boys attend a weekly Chapel service taken by the College Chaplain. From time to time during the year special Chapel services are held for the Middle School. In these services, boys take a significant part and parents and friends are warmly welcome. Dress standards are an important consideration for all Chapel attendants.

### Assembly

Assembly is held every fortnight on a Friday Week B from 11.00am - 12.00pm in the Dickinson Centre. Middle School Assemblies are an important performance medium and leadership opportunity for Middle School students. Full Summer or Winter uniform is expected. Parents are warmly invited to attend our Assembly.





## Sport

Please refer to the Scotch College Sport website via [sport.scotch.wa.edu.au](http://sport.scotch.wa.edu.au) for fixture, venue and travel details. To contact the Middle School Sport department please email [middleschool@scotch.wa.edu.au](mailto:middleschool@scotch.wa.edu.au).

Year 6 JPSSA:

Training Tuesday 7.45am – 8.30am

Fixtures Thursdays from 1.15pm

Year 7 PSA:

Training Wednesday 3.45pm – 5.15pm

Fixtures Fridays from 1.15pm

Year 8 PSA:

Training Mon & Wed 3.45pm – 5.15pm

Fixtures Fridays from 1.15pm

**Further information regarding Sport can be found on page 41 in the Activities and Events section of this publication.**

## Lost Property

All items of the school uniform must be **clearly marked** with your son's name so that lost property can be returned. A lost property tub is situated outside the Deputy Head of Middle School's office. If valuable items (watch, phone etc) are found they are to be handed in to the Middle School office.

## House Senior Duties

Year 8 students are given senior responsibility duties during the year. House Seniors are rostered throughout the four terms and generally have a week of campus based duties. House Seniors as a part of their Leadership and Service Programme co-deliver the fortnightly Middle School Assembly.



## Attendance

For the safety and security of our students it is important that the procedures below are followed with regard to Attendance:

### 1. Absences:

Communication from parents informing the Middle School of their son's absence due to illness or other reason may take the form of either a phone call to 9383 6957 or email [middleschool@scotch.wa.edu.au](mailto:middleschool@scotch.wa.edu.au) or via the Absentee link in the College App prior to 9.00am. This information is then made available to all of your son's teachers. If the Middle School office has not received notification of absence Administration staff will contact parents/guardians by an SMS alert. Medical absence of 3 or more consecutive days will require a letter from your son's doctor.

### 2. Late arrival/Early departure to attend an appointment:

Boys arriving late to school or needing to depart early for an appointment must be signed in or signed out at the iPad in the Middle School office. Parents must notify the office in advance if a boy needs to leave school for any reason during the day. This is a vital accountability protocol we are required to follow. Boys will not be permitted to leave school grounds without prior notification from a parent or guardian unless they are present at the time of collection.

### 3. Request for Leave of Absence:

Communication from parents requesting an anticipated Leave of Absence of 3 or more consecutive school days during term time must be made in writing (email is suitable) addressed to the Head of Middle School **at least four weeks prior** to the absence. There is no expectation on staff to develop or provide individual materials in a situation where a family has made a decision to remove their son during school term. In removing your son from school for this period you will be assuming all responsibility for his education during this time.

### 4. Exclusion from Sport due to medical reasons:

Parents requesting that a boy be excluded from Sport or Physical Education for medical reasons are required to write a note that can be handed to the PE teacher in class or in an email to [middleschool@scotch.wa.edu.au](mailto:middleschool@scotch.wa.edu.au). It remains an expectation that boys unable to train or play due to injury or illness still attend training and travel to fixtures to carry out any team support duties they are able to perform.

### 5. Notice of Withdrawal

One term's notice in writing must be given to the Registrar prior to the withdrawal of a student from the School. In default of such notice one quarter of the annual fee is payable. Residential students are expected to remain as boarders for the full year, from Summer Term through to and including Spring Term. Parents wishing to change the status of a residential student to day boy must give a term's notice in writing to the Registrar.

## Uniform

Scotch College Middle School uniform is to be worn correctly by all boys and when travelling to or from the College.

When ties are worn the collar button must be done up, shirts need to be tucked in properly and shorts must be worn up near to the waist. A jumper or blazer must be worn when travelling to or from School during Autumn and Winter term. All clothing must be clearly labelled with the boy's name. Name tapes may be ordered through the Uniform Shop.

Hair should be neat, tidy, clean and brushed. It must be an even cut over the head with a minimum length Number 3. Hair should not fall over the collar, eyes or ears and is to be the natural colour (no added colours or dyes). Boys must be clean-shaven.

Jewellery, such as necklaces, rings or bangles, may not be worn unless the Headmaster has given specific permission. Summer uniform must be worn in Spring Term and Summer Term. Winter uniform must be worn in Autumn Term and Winter Term.

On days where the boys have Physical Education they may wear their PE uniform all day. However on rainy days the boys may be required to change out of their PE uniform into a dry uniform.

Occasionally the School will have Free Dress Day where boys will be permitted to wear casual clothing. This is usually run as a fund-raising exercise. On these days, clothing must be clean and neat without offensive wording, with the rules on jewellery remaining unchanged. Face painting and hair dyeing also requires prior permission.

## Uniform Shop

The College operates a Uniform Shop for the convenience of parents and boys. The shop is located at 43 Shenton Road, Swanbourne. The shop stocks all items of school uniform with the exception of shoes. Some individual sports items may be held by the Head of that particular sport, and boys will be advised if this is the case. Otherwise, all sport uniforms can be purchased from the shop.

The Uniform Shop purchases and resells second hand items. Current items of uniform that are in good condition, washed and ironed may be purchased by the shop if it is believed these items can be resold. We cannot guarantee to purchase all items and prices will vary depending on condition and stock levels. A second hand form is available from the shop and on the shop's website, detailing seller's name and all items included. If purchased by the shop, the amount is credited to the boy's school account.

### During term time, the Uniform Shop is open:

Tuesday	8am–5pm
Thursday	7.30–11.30am
Friday	7.30–11.30am

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### Online Purchasing

Uniform can also be purchased in the online Uniform Shop. Payment is by credit card or PAYPAL. You will need to register an account with [www.flexischools.com.au](http://www.flexischools.com.au) to access the online store. If you need assistance with registering, please contact the Uniform Shop.

### Summer Uniform

- **Shirt:** Khaki cotton/polyester, short sleeves, tailored button up collar worn with tie. The shirt has a Scotch badge in the centre of the pocket.
- **Jumper:** The school jumper can be worn on cold days.
- **Hat:** All boys must have a Scotch College peaked cap or wide-brimmed hat. A hat must be worn at recess and lunchtime in Summer and Spring Terms, if boys wish to play in the open areas.
- **Shorts:** Khaki, cotton/polyester.
- **Tie:** Middle School cohort tie to be worn to Assembly
- **Shoes:** Plain black lace-up leather shoes with short Scotch khaki socks.

### Winter Uniform

#### All boys

- **Shirt:** White, long sleeved 'business style' shirt
- **Tie:** Middle School cohort tie
- **Hat:** All boys must have a Scotch College peaked cap or wide-brimmed hat.
- **Shoes:** Plain black leather lace-up shoes

#### Year 6 and Year 7

- **Shorts:** Grey mélange
- **Socks:** Scotch grey knee-high socks with stripe
- **Jumper:** must be worn to and from school

#### Year 8

- **Trousers:** Grey mélange
- **Belt:** black leather with gold buckle
- **Socks:** Scotch grey ankle socks
- **Blazer:** Maroon school blazer (must be worn to and from school)

#### Optional Year 8 Item

- **Jumper:** Light grey, long sleeved with Scotch colours





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### PE Uniform (Summer and Winter)

- **Polo:** Maroon with school crest
- **Shorts:** Navy sports shorts
- **Socks:** Plain white ankle high socks with school logo
- **Shoes:** Sports runners (please note flat sole skate shoes are not appropriate footwear for PE)

### Additional Uniform Items

- **Tracksuit:** Scotch maroon and navy tracksuit
- **House sport shirt**
- **Scotch School Bag**
- **Scotch day pack**
- **Sports bag**

### Canteen

The Middle School canteen is situated on the ground floor opposite MacKellar Hall and is open daily. Orders are processed via a cashless online ordering system using Flexischools' online ordering system. In order to register for the Flexischools online ordering you will need to go to [www.flexischools.com.au](http://www.flexischools.com.au). If your son has a food allergy, please record this when first registering with FlexiSchools. Please note the information you provide to FlexiSchools is not passed on to the School. If you have any difficulties accessing the system or registering please call Flexischools on 1300 361 769. The help desk operates from 6am to 3pm Australian Western Standard Time.

If your child has a Transperth Smartrider card this can be linked to your online account and used for over-the-counter purchases for boys in the Middle School. Please note that the Flexischools system does not use the money on the SmartRider Card but it uses the card to identify your son to your account with Flexischools.

### Booklists

Campion Education Pty Ltd coordinates the annual Middle School booklists. Orders are processed online and delivered to your home address. Order forms are distributed electronically via email during Spring Term from either College Admissions or the Middle School Office.





## Academic

### Communicating Student Progress

The school aims to keep you informed of your son's academic schedule and progress continually throughout the school year. Key school to home communication mechanisms include:

Electronic Student Timetable	Online Whole School Calendar
Parent Information Evenings	Weekly Middle School App Notices
Term Assessment Schedules	Fortnightly Middle School Assemblies
Parent Teacher Pastoral Meetings	Fortnightly Thistle eNews
Written feedback on Assessments	ICT and 1:1 Device Workshops
Student Led Conferences	Semester Reports

### Curriculum

The Scotch College Curriculum is built from the Australian National Curriculum and the Western Australian K-10 Curriculum Framework, the Western Australian College of Education Year 11-12 Course of Studies and the International Baccalaureate (IB) Primary Years, Middle Years and Diploma programmes.

Your son will study programmes from nine key learning areas:

- The Arts (Music, Art and Drama)
- Language and Literature: English
- Language Acquisition: French in Year 6 or a choice of either Indonesian or French from Year 7
- Physical and Health Education
- Mathematics
- Science
- Individuals and Societies
- Design
- Outdoor Education

There are specialist teachers in the areas of The Arts, Physical Education, Language Acquisition, Design and Outdoor Education.

### Middle Years Programme – MYP

The Middle School delivers the Western Australian curriculum within the framework of the IB Middle Years Programme (MYP). The MYP is organised around eight subject groups: Language and Literature; Mathematics; Science; Individuals and Societies; Design; Arts; Language Acquisition; and Physical and Health Education. This provides a broad and balanced education for adolescents and our students are encouraged to make practical connections between their studies, the real world, and prior experiences through a concept-based approach. Student-centred inquiry is a feature of the MYP. Engaging questions are posed and our students are motivated to find answers to their own questions. The boys are at the centre of their own learning and their understanding of the world

develops in a manner and at a rate that is unique to them. In every year of Middle School, your son will complete an Interdisciplinary Unit, where knowledge and skills from two or more subjects are integrated to develop new and deeper understanding of concepts.

Alongside the content of our curriculum, the Approaches to Learning (ATL) skills are a key feature. The ATLs are a set of essential and transferrable skills that support our boys' success throughout school and into the future. The five categories of ATL skills are: Communication, Social, Self-management, Research and Thinking Skills. In the MYP, teachers select ATL skills that will support success in a unit of learning, and those skills are explicitly taught in the classroom.

The culminating event of the MYP at Scotch is the Year 8 Community Project, which engages our students in a sustained, service action in the community. The community project is an individual task where students plan and implement their service and report on the process in an oral presentation.

### Learning Devices

All boys in Middle School are issued with a College owned device. Conditions of use are outlined in the **Acceptable Use Policy**. Devices are issued on a two-year cycle. Other conditions of use include:

- Unless specified the device must be at school each day.
- Recharging is done overnight at home so that the device is ready for use each day. The device charger and cords do not come to school.
- The device is to be carried in its school provided protective case (iPad case or clam shell for laptop) when moving between school and home, across campuses and between classes. Protective cases should not be removed at any time.
- Students are **not permitted to download games** onto their devices.
- The College manages policies for filtering and monitoring content that can be accessed while devices are on the College network.
- The Device Fact Sheet outlines the Insurance and repair terms. A copy of this can be found in SEQTA *Engage*, under Documents.

## Outdoor Education

Outdoor Education is an important feature of the Middle School and is designed to offer boys opportunities to develop independence and self-management skills. The Outdoor Education Programme across Years 6 to 8 also educates and develops skills, confidence and safety knowledge for open water activity. Outdoor Education is run by Outdoor Education Staff in conjunction with specialised instructors and classroom teachers.

### Year 6

**Autumn Term** - Surfing Programme – two lessons at Leighton Beach, giving students an opportunity to experience surfing. Prepares them for the spring term expedition.

**Winter Term** - Students take part in five classroom lessons preparing them for the Lancelin Programme, focused on outdoor education expedition skills.

**Spring Term** - Lancelin Programme (3 days 2 nights away). Students take part in daily surfing lessons and a variety of other outdoor activities associated with the marine and Lancelin environment.

### Year 7

#### Summer Term

- i) Students take part in five classroom lessons to prepare them for their Moray Programme.
- ii) Students attend a 4 day Programme to the Moray Outdoor Education Centre (4 days, 3 nights away). The programme is based around outdoor adventure activities within the Dwellingup area. Students will be involved in rock climbing, orienteering, canoeing, hiking camping activities. The programme also focuses on living in an environmentally sustainable way.

**Autumn Term** – An opportunity to be involved in the Scotch College State Orienteering team. Students will complete three training sessions before the championships. Year 7 Boarding students will walk 2 days on the Bibbulmun Track.

**Spring Term** - Climbing Programme – One full day of climbing and abseiling on natural surfaces. Year 7 Boarders will also be involved in a four day hike on the Bibbulmun Track.

### Year 8

**Summer Term** – Boarders will be involved in a five day hike on the Bibbulmun Track.

**Autumn Term** – Year 8 students take part in the five day/four night Moray Programme. The programme is based around outdoor adventure activities within the Dwellingup area. Students will be involved in rock climbing, orienteering, canoeing, hiking and camping.

**Spring Term** – Snorkelling Programme – Year 8 students take part in pool and beach based lessons that lead into snorkelling activity at Rottnest Island during the Year 9 Rottnest Camp. Year 8 Boarders will be involved in a five day hike on the Bibbulmun Track.

## Music

The Music Programme at Scotch College is an extensive and inclusive one that is built on active participation. Boys in Year 6 participate in a Music Classroom Programme that is designed around a Concert Band curriculum. Boys in Year 7 and 8 may continue in that programme, or participate in a more generalised Music Classroom curriculum that is based on the use of computers, guitars and keyboards. For further detailed information about the Music Department and the Middle School Music Programme please visit <https://home.scotch.wa.edu.au/performing-arts/> or select the Performing Arts icon on the Community page in SEQTA *Engage*. All enquiries about the Music Programme at Scotch College may be directed to the Music Administrator via email to [music@scotch.wa.edu.au](mailto:music@scotch.wa.edu.au).

## Middle School Bagpipes Programme

Middle School also offers an **Introduction to Bagpipes** programme. Boys can apply to join this programme in Year 7 or Year 8. There are a limited number of places. Progress beyond Introduction to Bagpipes is assessed within and beyond continuously. Attendance and skill mastery are the key criteria.

## Drama

Middle School students present a Drama Production each year in Spring Term under the guidance of the College Drama Department. The show is performed over four days; three evening performances and one matinee in the Foundation Theatre. The production is a wonderful opportunity for boys in Year 6, 7 or 8 to experience being on stage and to showcase their dramatic talents.

## Tours

In Middle School, boys may have the opportunity to travel domestically or internationally and represent the College at events such as Tournament of Minds National Finals or at the World Scholar's Cup.

As a member of the Round Square organisation, Scotch College endeavours to send a contingent of Year 7 boys to attend the annual Global Conference somewhere in South East Asia each April. In February boys in Year 7 will be invited to express their interest in attending the conference for April.

In recent years Year 8 boys have also had the opportunity to immerse themselves in Indigenous culture by travelling either to the Northern Territory on the Katherine Barunga Tour or to the East Kimberley on the East Kimberley Kununurra Tour mid-year. In February students are invited to express their interest in attending these tours as places are limited.





## Homework Guidelines

The main purposes of homework are:

1. An opportunity for parents or carers to interact and talk with their child about their school work in a positive manner.
2. To practise many skills learned in class, to reinforce work learned in class or to prepare for work to be covered in class.
3. To develop time and resource management skills in the students and to develop a disciplined and responsible attitude towards learning.

How much homework a student should be doing is a complex issue. Knowing your son, his capabilities, availability of time, home and community commitment is important. There is no fixed rule to be equally applied, however to offer a guideline; in the Boarding House Year 7 boys are supervised for homework 1 hour x 5 nights per week, and Year 8 boys 1.5 hours x 5 nights per week.

Research indicates that those who do homework or independent study are greater achievers. It is important however to note that all children need plenty of leisure time and homework should never be seen as a form of punishment. Homework and assignments are detailed in the student's dashboard in SEQTA.

As Middle School boys are still in the formative phases of their literacy development we advise and recommend they are also reading for pleasure or research equally, at least ten minutes a night. Reading remains the most critical of our literacy skills. Like fitness, reading skills benefit from consistent practice.





## Year 8 & 9 Course Electives

In Winter Term, Year 7 and 8 students select their Design and Arts electives for the following year. Course information can be found on [home.scotch.wa.edu.au/courses](http://home.scotch.wa.edu.au/courses).

### Year 8 Course Electives

Students must choose **three courses**, two from the Arts and one from Design. **The only exception is the Music Extension Course, which will run for one academic year.**

The Arts is sub-grouped into Creative Arts and Performing Arts. Students complete one elective from each sub-group over the year, unless they select Music Extension, which is a year-long course.

In Design, students **must study STEM** and also select **one** Design elective from the remaining courses.

#### Design

STEM – **compulsory**

Materials Design

Food Design

Product Design

#### The Arts

Visual Arts: Painting and Digital Artwork

Media

Drama

Music

Music Extension (year-long course)

### Year 9 Course Electives

Students must choose **two semester-long courses**, one from the Arts and one from Design and Technology. **The only exception is the Music Extension Course, which will run for one academic year.**

#### Design

Materials Design

Product Design

Food Design

STEM

#### The Arts

Visual Art

Media

Drama

Music General

Music Extension (year-long course)

Philosophy

**For example, a student could choose:**

Food Design & Visual Art **OR** Drama & STEM

Materials Design & Philosophy **OR** Music Extension (Year Long Course)

## Academic Support

All students have the right to access challenging, comprehensive and purposeful educational experiences that are appropriate to their level of development, experience and understanding. It is recognised that all students develop at varying rates, possess an individual profile of relative strengths and weaknesses and have different learning styles and capacities. Considering this, all students should be given opportunities to maximise their potential and experience ongoing success.

The Academic Support team provides educational support to those students in Years 6, 7 and 8 who are identified as achieving significantly below chronological age/benchmarks and/or have specific learning difficulties or disabilities. Central to our ability to implement appropriate input at the earliest opportunity, is the information we gain from your son's most recent NAPLAN results, school report, parent questionnaire, educational psychologist and specialist reports and results from our Orientation Day Academic Assessment Testing. In Middle School we offer lower student/teacher ratio  $\approx 1:8$  in Year 6 and  $1:10$  in Years 7 and 8 in English and Mathematics Support classes. In addition our Educational Assistants are deployed in these and other classes across the timetable as resourcing permits.

Students in English and Mathematics withdrawal classes cover topics at a slower pace with more repetition and teacher direction to maximise learning opportunities. The support classes follow the same content as mainstream classes but include more skills based work. The structure is also flexible in that students can move into support at any time or move back into mainstream. The aim is to develop the students' skills as well as their confidence and sense of achievement. Support teachers also work together with homeroom and class teachers to support in the delivery of the regular curriculum and to enable students to share in an inclusive curriculum with opportunities to realise their potential and value.

### What you can expect:

- A period of intervention in a withdrawal Mathematics or English support class, depending on the student's needs.
- Support of the classroom teacher in differentiating the curriculum to address student needs.
- Liaison with the classroom teacher and Academic Support team throughout this process.
- An Education Guideline or Learning Disabilities Profile for students with a diagnosed learning disability which is developed by the Middle School Psychologist in conjunction with parents.

### How students are identified for support:

- School assessments including standardised tests such as our Academic Assessment testing and National assessments (e.g. National Assessment Programme Literacy and Numeracy-NAPLAN, University of New South Wales assessments) and teacher-devised tests
- Referral from classroom teachers
- Reports or assessments from previous schools or external specialists
- Background information questionnaires from parents of new students
- Parents' concerns



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### **If you have a concern:**

The first point of contact is always the Homeroom teacher, as your son's key pastoral carer. Once this has been established you are then able to liaise with Academic Support directly on 9383 6936 or by email to your son's Academic Support teacher.

### **Middle School Head of Academic Support**

Mrs Gill Youngleson

[gill.youngleson@scotch.wa.edu.au](mailto:gill.youngleson@scotch.wa.edu.au)

### **Middle School Psychologist**

Ms Kim Lorimer

[kim.lorimer@scotch.wa.edu.au](mailto:kim.lorimer@scotch.wa.edu.au)



## Academic Enrichment

Middle School at Scotch encourages personal academic excellence through the application of inquiry-based learning and higher order thinking skills. In designing rich and challenging learning experiences, our teachers ensure all boys have the opportunity for extension within the classroom environment and enrichment beyond the classroom, to support their academic, social and emotional development.

There are many parallels between gifted education and the Middle School's framework including:

- concept-based curriculum and instruction, encouraging students to draw connections between facts and understand their place in the world
- authentic assessment tasks requiring a real-world application of understanding and skills
- development of critical thinking skills
- development of students' independent inquiry
- higher order thinking skills
- development of meta-cognitive understanding

All boys benefit from quality teaching and extension by way of differentiation within the curriculum programmes. Specific structures for extension are also provided through streamed classes in Mathematics.

The Enrichment Programme (Years 6–8) offers a wide selection of co-curricular opportunities across all subject learning areas. Students are selected by the College for Enrichment Programme opportunities via a number of pathways including:

- Standardised tests of achievement and potential (eg NAPLAN and Academic Assessment Services)
- Teacher nomination
- Information from previous schools
- Student expression of interest
- Parent information
- Off-level testing

Being accepted into an enrichment opportunity requires the student to be able to manage the normal curriculum and, at times, be withdrawn from classes or attend before school and after school sessions.

The Enrichment Programme in Years 6–8 is overseen and coordinated by the K–12 Enrichment Coordinator in conjunction with the Middle School Dean of Teaching and Learning. Extra-curricular enrichment opportunities can take the form of ongoing or short-term intensive activities.

The following examples provide an overview of some of our enrichment offerings:



**Maths Olympiad:** identified students participate in challenging problem solving activities with like-minded students. Maths Olympiad aims to foster Mathematical creativity, develop flexibility in problem solving, strengthen Mathematical intuition and provide for the satisfaction, joy and thrill of mastering challenging problems.

**Tournament of Minds:** identified students compete with like-minded students to solve demanding, open-ended challenges from one of the following disciplines – Language Literature, The Arts, Science Technology Engineering Mathematics (STEM) and Social Sciences. Tournament of Minds develops diverse skills, enterprise, time management and the discipline to work collaboratively.

**UNSW Competitions:** Run by the University of New South Wales and the Australian Mathematics Trust students can nominate to sit any one of the following competition papers:

- Science
- Digital Technologies
- Writing
- Spelling (Years 6 and 7 only)
- English
- Australian Maths Competition

**World Scholar's Cup:** selected students prepare to compete with like-minded students in this international academic tournament. The World Scholar's Cup has grown significantly in recent years to become an international event with more than 15,000 students participating across 50 countries. The event is an inclusive enrichment experience in which students of all backgrounds work together to explore new subjects and practise new skills. Events at the World Scholar's Cup include:

- Team Debate (collaboration, persuasive rhetoric, public speaking)
- Collaborative Writing (teamwork, analysis, written communication)
- Scholar's Bowl (fast-paced group problem-solving)
- Scholar's Challenge (critical thinking, decision-making)

**da Vinci Decathlon:** selected students prepare to participate in an academic team competition set around competing in ten events that require collaboration, problem solving and higher-order thinking. This national challenge sees teams work on problems in Science, Engineering, Mathematics, English, Codebreaking, Cartography, Creativity, Philosophy and General Knowledge.

**Cluedunnit Kids Competition:** provides Year 6 student teams with an opportunity to 'investigate' a criminal offence with the goal of identifying the offender. Teams submit their findings to a panel of experts from the legal profession and compete against other student teams from schools across Western Australia. Students learn to develop research, analytical and creative, teamwork, and argumentative skills in line with NAPLAN.

**Debating:** Years 7 and 8 students can enrol in the Western Australian Debating League (WADL). WADL aspires to ensure all students have meaningful access to debating that encourages critical thinking, fosters engagement with global issues, and equips students with lifelong skills and the confidence to pursue their potential. WADL aims to do this by ensuring all WA school students have access to challenging debating competitions, high quality resources, and purpose-built development opportunities.



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**Australian Mathematics Trust:** The Mathematics Challenge for Young Australians (MCYA) is a staged programme designed to motivate, stimulate, encourage and develop mathematically interested students in Years 3 to 10 and to bring forth the talent and potential within. It is an opportunity for talented students who enjoy mathematics to formally extend their knowledge of mathematics with course work that augments the school curriculum.

**Art Stars:** This co-curricular programme is designed to develop students' interest in the Visual Arts by refining and augmenting their technical skills in drawing, ceramics and painting. The Art club offers a 2-hour dedicated weekly session where the boys extend the skills and techniques they are learning in the classroom, in a more relaxed, informal context that is intended to be both enjoyable and challenging. It is also a great opportunity for the boys to practice and implement some Approaches to Learning such as; mindfulness, concentration, creative thinking, non-verbal communication and problem solving.

**Creative Writing:** The Talented Young Writers Programme provides opportunities for boys to work closely alongside Australia's most creative and inspirational authors of Young Adult Literature. Selected students attend intensive workshops to nurture and develop their skills and confidence as creative writers. Students are able to listen, question, write and share with other like-minded students and adults, building up a repertoire of writing samples and pieces.



## Encouraging Excellence

### Award Cards:

An Award Card system is in place throughout the Middle School to encourage students to do their best and to acknowledge both their endeavour and achievements. These award cards earn points for the Middle School Houses and are tallied at the conclusion of each term.

### Excellence Awards:

Boys can be presented with an Excellence Award at Assembly by any classroom teacher for effort and quality of work.

### Headmaster Commendations:

Headmaster Commendations are also awarded to boys who demonstrate outstanding achievement in an element of the IBO Learner Profile. Boys meet with the Headmaster individually to receive this award. By focusing on the IBO Learner Profile from Years 1-12 we hope to develop students:

**Who will be:**  
Inquirers  
Thinkers  
Risk takers  
Communicators  
Principled

**and**

**Who are:**  
Balanced  
Caring  
Reflective  
Knowledgeable  
Open Minded



### Certificate of Academic Excellence:

Year 7 and 8 students who achieve 30 grade points or higher in their best five subjects on their semester report will receive a Certificate of Academic Excellence. This award can be achieved each semester.

### IB Learner Profile Awards

At the final Middle School Assembly a select number of students from each year group are recognised for displaying one of the ten Learner Profiles across their subjects and life at school. Award winners receive a book prize to recognise the importance of students' attitude and work ethic attributes such as consistency, collaboration, attention to detail and teacher instruction.

### Mo Maslin Citizenship Award

At the final Middle School Assembly one boy from Year 6, Year 7 and Year 8 will be chosen for this very special award. This award recognises a student who has demonstrated empathy, selflessness, collegiality and friendship throughout the year.

### Student Achievements:

At Middle School Assembly we also acknowledge achievements students make outside the College. We encourage parents to provide us with this information so we can acknowledge boys' successes outside the College.

### Colours and Honours:

Colours and Honours are awarded as recognition of enduring achievement or service in the areas of Academic, Community Service, Sport and The Arts. Colours and Honours are a Senior School award, therefore the student must be in Senior School and meet the qualifying criteria to receive this prestigious award.

## Pastoral Care

The Middle School teachers and staff are committed to developing a safe and positive environment whereby every boy is valued, nurtured and supported. The pastoral care of each boy is a partnership between the School and home.

Underpinning the pastoral care culture of Middle School is the Homeroom and Homeroom Teacher structure. Each student has a Homeroom Teacher who has the most significant pastoral care responsibility for your son. In most cases, matters of concern or celebration are best initially referred to the Homeroom Teacher. Supporting the Homeroom Teachers in the area of pastoral care are our Deputy Head of Middle School, the Middle School Chaplain and our Middle School Educational Psychologist.

### House System

The Middle School House system is primarily an organisational structure for Sport and Community Service activity. Boys are placed into one of six Houses when they begin at the Middle School. Internal House competitions, swimming, cross country, athletics and a variety of activities are arranged.

House	Colour
Andrew	Green
Bruce	Orange
David	Black
Gordon	Yellow
James	Blue
Robert	Red

On leaving Middle School Year 8 students are allocated into one of the ten Senior School Houses below:

Alexander	Keys
Anderson	Ross
Brisbane	Shearer
Cameron	St Andrews
Ferguson	Stuart

It is College policy that boys who are related to Old Scotch Collegians are automatically placed in their family's Senior School House.





## Behaviour Management

Middle School has a common behaviour management process across all classes and subject areas. A Middle School Code of Conduct, shaped by three 'guiding principles' and three 'student behaviour expectations' is expanded and articulated in every classroom by each class and written up as an Essential Agreement. Our structures and processes allow for boys to make mistakes, learn from their mistakes and develop resilience.

### Middle School Code of Conduct

These principles and expectations aim to create in each student a way of doing things which acknowledges their rights and responsibilities. Behaviour management is complemented with an Awards and Acknowledgement Card system that raises the profile of desired behaviour.

#### Guiding Principles:

- All members of the school community are to be courteous and respect the rights of others.
- No member of the school community is to behave in a way which is potentially dangerous to themselves or others, or damaging to school property.
- All members of the school community must co-operate to ensure that the School is a happy and safe place to work and play, based on the principles of common sense, courtesy and mutual respect.

#### Student Behaviour Expectations:

- Behave in a way that does not place themselves or others in danger.
- Care for and respect peers through the use of appropriate language, physical contact and respect for opinions and property.
- Conduct yourself in a way that shows respect for the College's traditions, values, rules and standards.

#### Essential Agreements:

Essential Agreements are class generated agreements as to the specific detail or rules that govern safe and respectful activity in Middle School. Teachers use a common framework to guide their class in developing their agreement in the first week of school. The Essential Agreements are:

- **Mutual Respect**
- **Attentive Listening**
- **Personal Best**
- **No Put Downs**
- **Right to Participate**

These Essential Agreements are displayed and referred to in all classes around the Middle School.



### **Bullying:**

Scotch College seeks to affirm each boy's worth and dignity. Bullying strikes at the foundation of these values and prevents boys from developing their full potential.

Boys are entitled to receive their education free from humiliation, oppression and abuse. Bullying affects everyone, not just the bullies and their victims. It also affects those who may witness violence, intimidation and the distress of the victim. It can damage the atmosphere of a class and even the climate of a school. We conduct two anonymous Wellbeing Surveys each year to give boys the opportunity to express their views on programmes in Middle School that are designed to reduce bullying and improve relationships.

Bullying in any of its forms is not acceptable in this school and each situation is dealt with individually on a case by case basis. Should a student be referred to the Deputy Head of Middle School for bullying behaviour or a series of behaviours which constitute bullying, a process to support all parties is immediately implemented. In the first instance, particularly bullying of low intent or intensity pastoral care staff will work with students to recognise and remediate the behaviour and then monitor to ensure a positive relationship has been restored. Bullying that continues to be ongoing or is of medium to high intent and including actions causing noticeable distress will result in parents of boys involved being contacted and informed of the strategies that will be implemented by the school to support the boys. In these cases parents will receive communication from the school until all parties are satisfied that the matter has been resolved.



# Wellbeing and Health

## Wellbeing

Wellbeing at Scotch College is about collaboratively building positive habits that enhance our boys' social, mental and emotional health. We pride ourselves on "knowing the boy" which forms the foundation of our Wellbeing Programme. Good wellbeing allows our boys to thrive in their learning, enjoy positive relationships and contribute productively to their community.

In the Middle School Wellbeing is explicitly taught daily by Homeroom teachers but it is also a shared commitment from all staff to model, teach and embed wellbeing, as part of our Scotch culture.

**Mindfulness** is practiced and taught across all classes in the Middle School and embedded into the daily programme. Mindfulness is the ability to calm the mind, relax the body and refocus our attention. This practice allows the brain to stay in the moment and concentrate which has significant benefits for teaching and learning.

Our explicitly taught Wellbeing Programme for Years 6, 7 and 8 is based on the three pillars of **Respect, Resilience and Relationships**.

### Respect:

Self-respect, respect for others, respect for our environment, respect for the past, and traditions.

### Resilience:

Overcoming obstacles, challenging unhelpful thoughts, grit/perseverance and passion, self-motivation, growth mindset, helpful self-talk, mindfulness.

### Relationships:

Improving relationships, developing relationships and support networks, assertiveness, negotiating and compromising, communicating and identifying feelings.

## Scotch College Psychological Services

### Overview

There are three School Psychologists at Scotch College, one based in each sub-school. Ms Kim Lorimer is the Middle School Psychologist who works with students from Years 6 – 8.

The aim of the School Psychologist is to promote the psychological health of the school community and to help students flourish academically, socially and emotionally.

School Psychologists collaborate with educators, parents and other professionals to create safe, healthy and supportive learning environments that strengthen connections between home, school and the community for all students.

The School Psychologists provide individual support for students and educational and pastoral support for all staff and families within the school community on a short term basis. The delivery of counselling support to students is within ethical and professional

obligations. Discussions between School Psychologists and their clients are confidential and follow guidelines set by the Australian Psychological Society (APS). They often liaise with external professionals or agencies such as paediatricians, clinical psychologists and psychiatrists. As registered psychologists they maintain registration with the Australian Health Practitioner Regulation Agency (AHPRA) by fulfilling the required obligations.

### Referrals

In Middle School all learning and pastoral concerns are to be directed to the Homeroom teacher in the first instance. If it is agreed that input from the Middle School Psychologist would be beneficial, then a parent referral can be arranged by the Homeroom teacher.

Occasionally a student or family would prefer to go directly to the School Psychologist and this is possible in the Middle School either by email, telephone (via Middle School reception) or the student going directly to the Psychologist's office. An appointment will be arranged and the student notified by email.

If a parent would prefer to access student psychological help outside Scotch College, the Australian Health Practitioner Regulation Agency (AHPRA) has a list of registered Psychologists in Australia, <http://www.ahpra.gov.au/Registration/Registers-of-Practitioners.aspx>

### Resources

Parents can access a range of resources via SEQTA *Engage* and clicking on Psychological Services.

### General Mental Health Information

Inyahead	<a href="http://www.inyahead.com.au/">http://www.inyahead.com.au/</a>
Headspace	<a href="http://www.headspace.org.au/">http://www.headspace.org.au/</a>
For building happiness/wellbeing, see the Happiness Challenge on the Headspace website	
Authentic Happiness	<a href="http://www.authentichappiness.sas.upenn.edu/Default.aspx">http://www.authentichappiness.sas.upenn.edu/Default.aspx</a>

### People and Places That Can Help

Headspace	<a href="http://www.headspace.org.au">www.headspace.org.au</a>
Kids Helpline	<a href="http://www.kidshelpline.com.au">www.kidshelpline.com.au</a>
Mensline Australia – Young Men	<a href="http://www.mensline.org.au">www.mensline.org.au</a>
Reach Out	<a href="http://www.reachout.com">www.reachout.com</a>
Samaritans Youth Office	<a href="http://www.thesamaritans.org.au">www.thesamaritans.org.au</a>
SANE Australia	<a href="http://www.sane.org">www.sane.org</a>
Youth Beyond Blue	<a href="http://www.youthbeyondblue.com/">www.youthbeyondblue.com/</a>
Youthlink	<a href="http://www.youthlink.perthwa.net">www.youthlink.perthwa.net</a>
Lifeline Crisis Support Chat	<a href="https://www.lifeline.org.au/Find-Help/Online-Services/crisis-chat">https://www.lifeline.org.au/Find-Help/Online-Services/crisis-chat</a>
Grieflink	<a href="http://grieflink.org.au/">http://grieflink.org.au/</a>

### Online Self-help Programs for Mental Health

Young people often use the internet for help and support, as well as seeking help from parents, friends, teachers and psychologists. Online self-help programs can help to prevent and manage mental health problems such as depression and anxiety. These services are free of charge, anonymous and available 24/7.



[www.bluepages.anu.edu.au](http://www.bluepages.anu.edu.au) Blue pages: Information about depression including how it feels and how it is treated. Includes revised on things that people do to manage depression, from taking medication to eating chocolate! Blue Page also explains the type of help available and where to access this help. There are quizzes and a downloadable relaxation mp3.

[www.ecouch.anu.edu.au](http://www.ecouch.anu.edu.au) e-couch: An interactive self-help program which includes modules for social anxiety, generalised anxiety and depression. It teaches skills to help manage difficult times, and can help you to relax, get more active, think straighter and change the way you interact with other people.

[www.moodgym.anu.edu.au](http://www.moodgym.anu.edu.au) MoodGYM: A popular interactive program drawn from Cognitive Behaviour Therapy that helps users to prevent and manage depressive symptoms. MoodGYM has been extensively researched and has been shown to be effective in reducing depressive symptoms and unhelpful thinking in users. You may consider spending some time together with your son accessing these sites. Research has shown that six sessions together on mood gym can be as effective as individual therapy.

### Cyber Safety

#### Social Media – Parenting Tip

No matter what age your son is, it is hard as parents to know how to encourage him to stay on task when completing homework online. Two free programs that temporarily block social media sites, games and emails are:

<http://getcoldturkey.com/> (for PCs)

<http://selfcontrolapp.com/> (for Apple)

<http://www.esafety.gov.au/> is a website designed to help children and whole families find out how to be cybersmart and use the Internet safely.

Parents are encouraged to attend parenting sessions run through the ILT Department here at Scotch College.





### Allergy Aware

Scotch College operates as an Allergy Aware School. If your son suffers from food, insect or other allergies that may require urgent medical attention/monitoring, please contact the Scotch College Health Centre on 9383 6818 to record and discuss your son's ongoing allergy management plan. Parents are required to review this information each year to ensure the most current information is on file.

### Nut Guidelines

An allergy is an adverse reaction to something (usually a protein) which is either ingested, inhaled, injected or comes into contact with the skin. Symptoms of an allergic reaction may be localised or generalised. Food, medications and insect venom are the most common triggers of severe allergic reactions. Anaphylaxis is a sudden and severe allergic reaction – it is potentially life threatening and always requires an emergency response. Fortunately it is uncommon and usually preventable.

With over 1500 students on campus there will be students with identified suspected and unidentified allergies that can be severe, such as life threatening allergies to peanuts and/or nuts. Some allergies are so severe that anaphylactic shock may be induced simply by eating and/or touching these foods.

Scotch College has adopted a series of guidelines to reduce the risk of anaphylaxis and the provision of appropriate action should anaphylaxis occur:

1. Parents of boys are asked to refrain from sending food products containing nuts or peanuts (e.g. peanut butter, Nutella or muesli bars containing nuts) to school. We recognise that this may at times be difficult however, in the interests of community spirit and safety parents are urged to try and respect this request. We remind parents of this via the Headmaster's Newsletter throughout the year.
2. Children will be encouraged to not share food.
3. All children will be educated on the need to wash their hands before and after eating food. Hand washing will also be carried out under staff supervision before all cooking activity.
4. Educating other children to become aware of others' allergies and assist in caring for them.

It is of utmost importance that parents notify the College of any known or suspected allergies particularly severe allergies their sons may have and provide an Anaphylaxis Action Plan and any relevant medication i.e. Epipen/oral antihistamine. It is also a parental responsibility to ensure that all medications supplied are "in date" and have not expired. Parents whose child has been prescribed an Epipen or Epipen Jnr are urged to register with the Reminder Club at [www.epiclub.com.au](http://www.epiclub.com.au). This free service ensures a reminder is sent when the Epipen is due to expire so that it can be replaced. Other valuable information, including a video demonstrating how to use the Epipen, can also be found on the website. Please direct any further queries regarding this to the Health Centre on 9383 6818.

## Sunsmart Guidelines

These guidelines have been adopted to reduce risk for staff and students from skin damage caused by exposure to the sun. These guidelines apply throughout the school year and while on school camps, excursions, carnivals and co-curricular activities.

### Behaviour

- Students are required to wear a wide-brimmed College hat or peaked cap whenever they are outdoors during Spring and Summer terms.
- A No Hat-No Play in the Sun statement is widely published, articulated and enforced during Spring and Summer terms.
- Students without hats are directed to designated shaded areas.
- Staff are required to wear brimmed hats while outdoors, on camps, excursions and on duty.
- Visitors and guests are encouraged to wear hats when attending outdoor events.
- Students are educated about wearing and applying their own sunscreen which includes the purchase of their own supply.
- Sunscreen is provided in large tubs during carnivals and other outdoor events. Regular reminders are issued by teachers and over the public address system.
- Students are encouraged to wear sun protective clothing such as rash shirts and long sleeve shirts with collars.

### Curriculum

- Sun protection is promoted throughout the year in newsletters and diaries.
- Teacher reference materials and resources are provided to support sun protection strategies.
- Hats are worn during PE and Sport in Spring and Summer terms.

### Environment

- The College ensures and maintains adequate provision of shade (natural and man-made).
- Wherever possible, indoor areas are used for daily physical education lessons which may occur during peak times.
- Shade is provided at all outdoor carnivals.

### Evaluation

Scotch College review the effectiveness of this policy each year in terms of:

- Student/staff adherence to SunSmart behaviour.
- Regular assessment of shade.
- Reflection, evaluation and updating of curriculum materials/activities relevant to SunSmart activities.

## Health Centre

Scotch College has a purpose built Health Centre on the Campus, staffed by a team of Registered Nurses. The Health Centre caters for the primary health care needs of students throughout their time at the College. The Health Centre provides 24 hour cover for boarders and nursing care for day boys during school hours.

In addition to providing acute care for illness and injuries for boarders and dayboys, the Health Centre has an increased focus on health education, injury prevention and providing pastoral care for day boys and boarders, as well as primary health assessment and referral to a variety of health professionals as required. The Health Centre is constantly updating our policies to provide the best possible, evidence based care for our students and staff. The Health Centre also provides assistance to the Health Department of Western Australia with the School Based Immunisation Programme.

The Health Centre plays a key role in the health of our boarders including organising appointments with allied health professionals in consultation with parents and guardians and ensuring follow up care.

The sporting programme at the College is an integral one and as such, nursing and first aid cover are provided for all sporting events for Junior, Middle and Senior School. This includes PSA sport, swimming and athletics carnivals that run throughout the year.

## Mouthguards

Mouthguards are compulsory for all boys who participate in contact sport through the College. Galadent Dental will offer Middle School boys the opportunity to have a mouthguard fitting **outside school hours** at the College midway through Summer Term. For those parents who wish to take up this service for their son, further information will be posted in The Thistle closer to the time including costs and order forms.

## Vaccinations

Annual flu vaccinations are offered to all College Staff and Boarding students and are run through the Health Centre. Further information is sent out to parents and staff nearer to the time.

Year 7 boys will have the opportunity to enrol in the School-based Immunisation Programme. Consent forms will be sent home in early Summer Term.

## Opening Hours

Monday to Friday 8am–6pm

Saturday 8am–1pm

These hours are applicable to school term dates.

## After Hours

The on-call, after-hours service is provided by Registered Nurses ensuring 24 hour care for emergencies and Boarding house needs.

The overall aim of the Scotch College Nursing staff is to promote a philosophy of health and wellbeing, as well as building resilience and preventing illness.

### Health Centre Team

Fiona Richmond, RN/ Nurse Manager  
Beverley Simkin, RN  
Heather Joyce, RN  
Rebecca Manning, RN  
Annie Murphy, RN

**Phone:** (08) 9383 6818  
0402 983 086

**Email:** [healthcentre@scotch.wa.edu.au](mailto:healthcentre@scotch.wa.edu.au)



**All Students:** Students requesting to present to the Health Centre during school hours (except recess and lunch) must have the visit confirmed by either their classroom teacher or Middle School Administration.

**Medical Forms:** Parents/Guardians are required to provide their son's current medical history to the Health Centre by completing the Current Student Details Form. Parents must notify the Health Centre if there are any changes to their son's medical details. Parents are required to confirm or update their son's medical record online via the Parent Portal on [home.scotch.wa.edu.au](http://home.scotch.wa.edu.au) prior to excursions, camps or tours.

### Medications:

The Health Centre stocks the following over the counter medications: Paracetamol, Nurofen, Claratyne, Telfast, Buscopan, Immodium, Mylanta, Bisolvon dry and chesty cough mixture.

Should a student require over the counter medications not listed above, parents/guardians must provide a supply for storage at the Health Centre. If a student requires medication to be dispensed by the Health Centre Nurses, the Parent/Guardian must complete a Medication Request Form available from the Health Centre.

**Residential Students:** If any medications are required (either over the counter or prescribed) this must be authorised by the School Nurse. No medications are to be kept in Boarding unless this process is followed.

### Appointments for Residential Students:

The Health Centre must be informed of any external appointments, either medical or dental and full details given including date, time, address and the name of who will be accompanying the student to the appointment. Other than in exceptional circumstances, such notification must be provided at least 2 working days before the appointment. Contact can be made via e-mail to [healthcentre@scotch.wa.edu.au](mailto:healthcentre@scotch.wa.edu.au) or by phone on 9383 6818.

Residential students should be accompanied to appointments by a family member or representative. If this is not possible, please contact the Health Centre, giving at least one week's notice to arrange a staff member to provide transport.

On return from appointments, residential students must advise the Nurse on Duty of any follow-up appointments, treatment or medications required.



## Activities and Events

### Assembly

Please refer to Daily Life

### Chapel

Please refer to Daily Life



### Excursions/Incursions

Scotch College views incursions, excursions and co-curricular activities such as the JPSSA/PSA sports programme and WADL Debating as extensions of the curriculum. To streamline the administrative requirements for each activity the College requires parents to complete **one** consent form at the beginning of the year to cover all excursions and co-curricular events for that year.

Details of specific events involving your son will be emailed to you in the lead up to an event to ensure you remain aware of your son's involvement. You will be able to withdraw your consent for participation in an excursion at this time. Please note that participation in the JPSSA/PSA sporting programme and the Outdoor Education programme is compulsory.

Non-compulsory events that include a cost component will continue to require an individual signed permission form. Camps and tours will also require the completion of an individual permission slip and the completion of current medical status.

### Middle School Presentation Morning

The Middle School Presentation Morning is the concluding event for the year and it is compulsory for all Year 8 students to attend. As part of the ceremony Year 8 boys are farewelled by the Middle School community and formally welcomed by their Senior School House. Year 8 boys and parents then attend a Morning Tea coordinated by the Scotch Parents.

### Co-Curricular

Throughout the year, teachers offer co-curricular activities that are designed to engage and support boys in a range of areas. Co-curricular activity can take place before school, at lunch time or after school. Activities can change from year to year and term to term. Your son is not obliged to attend all co-curricular activities. However, signing up to an activity requires a regular commitment, as many co-curricular activities have limited places. Some past activities have included Running Club, Home Work Club, Community Service, Lego Club, Chess and Cartooning. Activities are advertised at the commencement of each term and posted outside the Middle School Reception and in the Documents section in SEQTA *Engage*.

## Sport

Scotch College is a PSA School and boys are involved in Inter-School Sport fixtures during Summer and Winter sport seasons. Attendance at sport training is compulsory and takes priority over club sport.

### Summer Sport Options and Uniform:

#### JPSSA Sport

##### Year 6 boys choose between:

Basketball  
Tennis  
Water Polo  
Cricket  
Volleyball

#### PSA Sport

##### Year 7 and 8 boys choose between:

Cricket  
Basketball  
Water Polo  
Volleyball  
Rowing  
Tennis  
Swimming \*  
Golf (non PSA)  
Sailing (non PSA)

### Swim Squad Training & Meets

All students in Year 6, 7 & 8 are welcome and encouraged to attend Swimming training and Swimming Meets, as well as undertaking their Summer Sport. Swimming training is held every morning Monday – Friday before school during Summer Term (Term 1) and Spring Term (Term 4) in the College pool.

All Summer sports require a maroon Middle School summer sport shirt, navy Scotch sports shorts, plain white socks and sports runners. Boys playing basketball will be required to wear a numbered basketball singlet (purchased through the Uniform Shop) and may wear shoes with ankle support that are high or mid-sized shoes. All boys must have a low cut pair of sports runners for all other sporting activities. When swimming, boys are required to wear maroon school racing bathers but may wear school jammers or they may choose to swim in their navy sports shorts. The wearing of a maroon rash shirt is encouraged for Physical Education.

### Winter Sport Options and Uniforms:

#### JPSSA SPORT

##### Year 6 boys choose between:

Football  
Rugby  
Hockey  
Soccer

#### PSA SPORT

##### Year 7 and 8 boys choose between:

Football  
Rugby  
Hockey  
Soccer  
Cross Country  
Badminton

Most sports have a special Scotch shirt or jumper. For all sports, boys require navy Scotch sport shorts, Scotch socks and a Scotch tracksuit. Football boots with moulded studs are compulsory for Football, Soccer, Hockey and Rugby.

**Mouth guards** are **compulsory** for all winter contact sports. The College arranges for a dental technician to take mouth guard impressions at Scotch outside school hours. Parents can then purchase the mouth guard directly from the technician. Order forms are sent

home mid-Summer term. Alternatively, parents can purchase a mouthguard through their preferred provider.

### **Athletics Uniform:**

For Athletics season, at the end of Winter Term, boys will require a House shirt.

### **JPSSA Sport Training:**

#### **Year 6**

Sport training in all summer and winter sports, as well as Athletics, is held Tuesday mornings before school from 7.45am-8.30am. Attendance and correct sporting attire is expected. Boys are expected to change into correct summer or winter uniform after sport training. Attendance at sport training is compulsory and takes priority over club sport.

### **PSA Sport Training:**

#### **Year 7**

Sport training in all summer and winter sports, as well as Athletics is generally (but not always) held on Wednesday afternoons at school from 3.45pm-5.15pm. Attendance and correct sporting attire is expected. Boys are expected to change into correct summer or winter uniform after sport training. Attendance at sport training is compulsory and takes priority over club sport.

#### **Year 8**

Sport training in all summer and winter sports is held on Monday and Wednesday mornings or afternoons at school either from 6.30am – 7.45am or from 3.45pm-5.15pm. Athletics training is held most afternoons throughout the Athletics season. Attendance and correct sporting attire is expected. Boys are expected to change into correct summer or winter uniform after sport training. Attendance at sport training is compulsory and takes priority over club sport.

### **College Weather Policy**

In the event of inclement weather, training and matches will be monitored and a decision made on the day of training or match day. In the event of a severe storm, training and matches will be cancelled and the boys will continue the day in their Homeroom with their Homeroom Teacher. Parents will be notified by email by the Sport Department if either training or fixtures are cancelled.

Boys are encouraged to leave their bags and belongings in the Middle School while they attend training to protect them from inclement weather conditions and for security. The School is not liable for damage to property when a boy chooses to take his belongings with him to sport.



## Parent Resources

### Contact Lists

Contact lists for each cohort, containing Parent Contact Details, are sent to all parents via email during Summer Term. While every effort is made to have these lists distributed as early in the term as possible, the distribution of these lists is linked to timely receipt of Parent Contact Details (or Change of Details) forms. Please ensure you complete and return this form to Senior School Reception by Week 2 of Summer Term at the latest.

### Class Parent Representatives

At the beginning of each year, the Scotch Parents' group will invite parents to be Class Parent Representatives. If you are interested in becoming a Class Parent Representative, please contact the Scotch Parents or your son's Homeroom teacher to find out more about duties and responsibilities.

### Supporter Groups

Various parent supporter groups are available at Scotch. If you have a particular interest or would like to volunteer, more information on Supporter Groups can be found on the Scotch College website. Some of these groups include: Scotch Parents, Arts Support, Music Support and various Sport supporter groups (Senior School-focused).

### Parking

Parking on College grounds is limited and streets surrounding the College carry heavy council penalties for parking in contravention of signed restrictions. Please ensure you read all relevant parking signs. Parking is available adjacent to the Dining Hall for visitors and on days when large events are held, parking is available on the Lower Oval. Please do not park in any of the designated Staff car parks.

**The set down and pick up points for Middle School boys are:**

- 1. Kiss & Go Car park off Stirling road, adjacent to the playing fields.**
- 2. Gooch Pavilion via Fern Street**
- 3. Wright Avenue set down/pick up bays**

Saunders Street, the Staff Only car park at the end of Saunders Street and the drive in access off Shenton Road to the Year 7-8 & 9 Boarding Houses are NOT to be used as set down and pick up areas. Please consider our neighbours surrounding Middle School by using our designated zones within the College.

### Information Learning Technology

Information Learning Technology is integrated into the Middle School teaching and learning environment through a variety of programmes using iPads. For more information on the College's Acceptable Use Policy, please visit the Scotch College website. Further information can be found in the Whole School Handbook.



### Privacy Policy

Scotch College has developed a Privacy Policy which sets out how we manage personal information.

Our Privacy Policy outlines:

- the types of personal information we collect and hold
- how we collect and hold personal information
- the purposes for which we collect, hold, use and/or disclose personal information
- how an individual can access their personal information and seek a correction of the information
- how an individual may complain about our compliance with the APPs and how we will deal with such a complaint
- whether we are likely to disclose personal information to any overseas recipients, and if so, the countries in which those recipients are based.

Our Privacy Policy is available on our public website:

<https://www.scotch.wa.edu.au/view/about-scotch/privacy-policy>

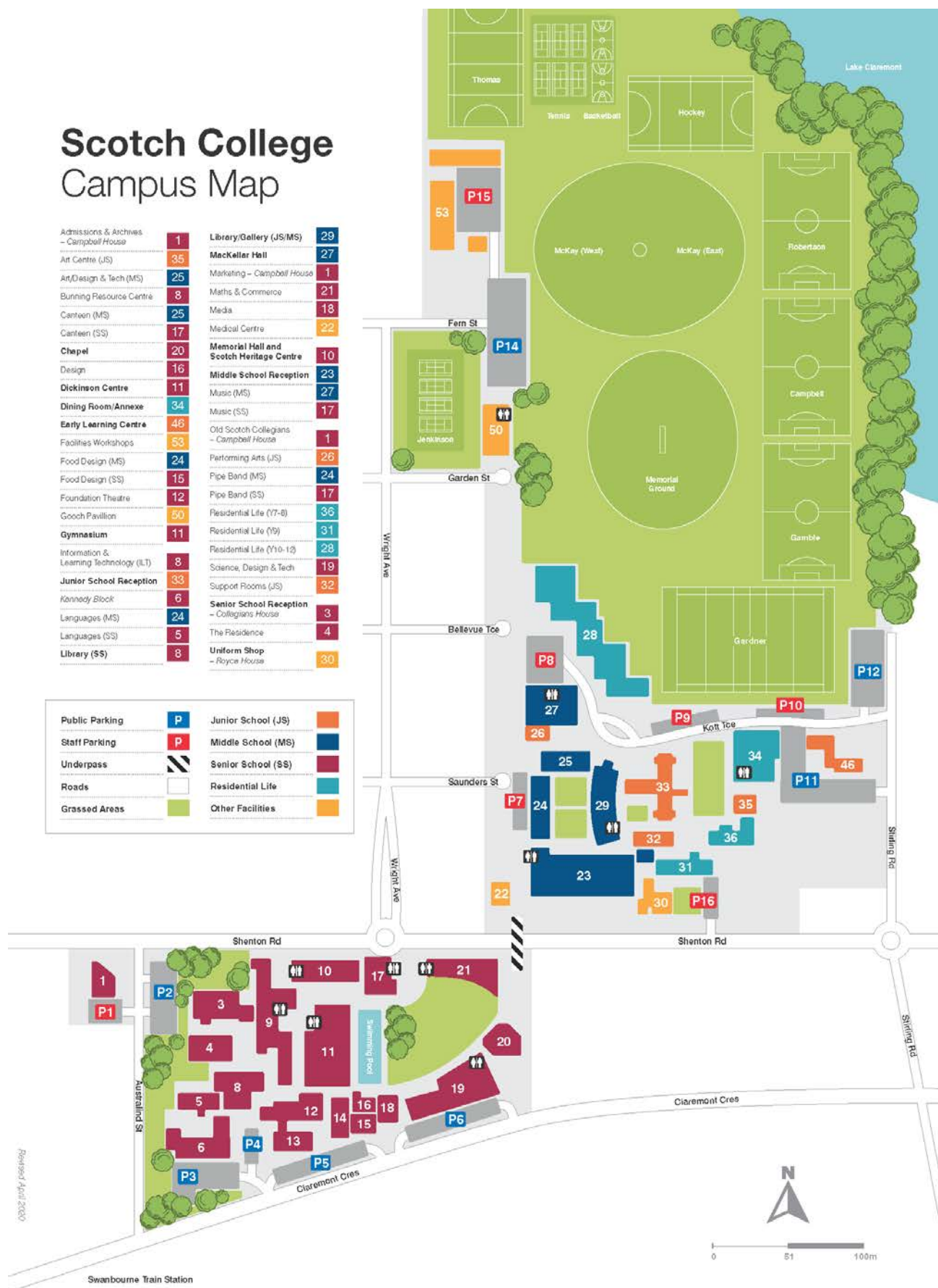


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# Scotch College Campus Map

Admissions & Archives – Campbell House	1	Library/Gallery (JS/MS)	29
Art Centre (JS)	35	MacKellar Hall	27
Art/Design & Tech (MS)	25	Marketing – Campbell House	1
Burning Resource Centre	8	Maths & Commerce	21
Canteen (MS)	25	Media	18
Canteen (SS)	17	Medical Centre	22
Chapel	20	Memorial Hall and Scotch Heritage Centre	10
Design	16	Middle School Reception	23
Dickinson Centre	11	Music (MS)	27
Dining Room/Annexe	34	Music (SS)	17
Early Learning Centre	46	Old Scotch Collegians – Campbell House	1
Facilities Workshops	53	Performing Arts (JS)	26
Food Design (MS)	24	Pipe Band (MS)	24
Food Design (SS)	15	Pipe Band (SS)	17
Foundation Theatre	12	Residential Life (Y7-8)	36
Gooch Pavilion	50	Residential Life (Y9)	31
Gymnasium	11	Residential Life (Y10-12)	28
Information & Learning Technology (ILT)	8	Science, Design & Tech	19
Junior School Reception	33	Support Rooms (JS)	32
Kennedy Block	6	Senior School Reception – Collegians House	3
Languages (MS)	24	The Residence	4
Languages (SS)	5	Uniform Shop – Royce House	30
Library (SS)	8		

Public Parking	P	Junior School (JS)	Orange
Staff Parking	P	Middle School (MS)	Blue
Underpass	Diagonal lines	Senior School (SS)	Maroon
Roads	White line	Residential Life	Teal
Grassed Areas	Green	Other Facilities	Yellow



SCOTCH  
COLLEGE

