Agenda

• Headmaster’s Introduction – Reverend Andrew Syme

• The Year Ahead – Ms Jan Skidmore/Mr Peter Frusher/Mr Peter Freitag

• School Ball – Reverend Andrew Syme

• The “Afters” Committee – Mr Mike Burrell/Parents/Reverend Andrew Syme
The Year Ahead …
## Communicating Progress

### Summer Term
- **February 10**: Parent Information Evening
- **March 5**: Student Review Meeting – boys/teachers/parents
- **April 9**: Boarders’ Student Review Meeting

### Autumn Term
- **May 18-27 (Weeks 4 & 5)**: Semester 1 Examinations
  - **June 2/3**: Examinations returned to students
  - **Week 8**: Semester 1 reports posted home (week commencing June 15)

### Winter Term
- **August 31**: Tertiary Options discussions start
- **September 25**: Term concludes with informal marching
- **October 5-13**: Semester 2 Examinations (during vacation time and Week 0)

### Spring Term
- **October 15-16**: Examinations returned
- **October 19-22**: Year 12 special timetable for revision
- **October 23**: March Out and Statement of Results
- **Nov 2-20**: Tertiary Entrance Examinations (TEE)

### Important Events
- **February 14**: Year 12 Ball
- **November 27**: Valedictory Chapel and Dinner
- **December 4**: Speech Night
• **Internal through the Residence**  
  (Academic help is available through the Residence from 3.30pm to 5pm Monday-Thursday).

• **External Providers**  
  (As in the past, parents will be notified of any courses offered after School).
Managing Stress

Workshops (“Stress Less”) will be held at Scotch College at the end of this month and cover topics such as:

* what is stress
* what causes stress
* the negative effects
* techniques to relax the mind and body
* strategies for effectively decreasing nerves during exams

All Year 12s will be attending the Workshop in House groups.

The sessions will be from 8.45-10.00am in the Dickinson Centre.
STRESS LESS

ARE YOU FEELING STRESSED?

DON’T LOSE PERSPECTIVE AND SIGHT OF THE BIG PICTURE

YOU FEEL THE WAY YOU THINK

I CAN’T... I’M A LOSER!
I DON’T FEEL SO GOOD...

I CAN... I’M A CHAMPION!
I FEEL GREAT!

YOU CAN CHANGE THE WAY YOU FEEL BY CHANGING YOUR THOUGHTS

GOAL SETTING

BREAK YOUR GOALS DOWN INTO SMALLER STEPS

VISUALISE YOURSELF ACHIEVING YOUR GOALS

TAKE ACTION I AM WRITING ONE SENTENCE.

KEEP YOUR GOALS ALIVE

FEED ME

DEEP BREATHING

EXERCISE

LAUGH REGULARLY

EXAM / TEST TIPS

GET FAMILIAR WITH EXAM ROOM, PROCEDURES ETC.

DON’T TRY TO PREDICT THE EXAM QUESTIONS

I THINK X,Y,Z WILL BE IN THE EXAM

VISUALISE YOURSELF DOING YOUR BEST IN THE EXAM
To be awarded the Western Australian Certificate of Education (WACE), students must:

• complete at least 10 full-year subjects (or equivalent)

• achieve a C grade average or better in at least 8 full-year subjects (or equivalent)

• achieve requirements for English language competence (C grade) and complete four English course units

• complete 20 hours of community service

• sit WACE examinations in stage 2 or 3 units in Year 12 (unless exempt).
Tertiary Entrance Rank

• A ranking out of 100 indicating a student’s position compared to all other Year 12 students in the State.

• The TER will be derived from the Tertiary Entrance Aggregate.
How a TEA is calculated

• The Tertiary Entrance Aggregate will be calculated from the sum of the best four subjects or course scores (stage 2 or 3 units).

• There will be no List A & List B requirements.

• The maximum TEA will be 400.
Study Success

Study skills
  +
Number of hours worked
  +
Motivation (the will to work)
  +
Aptitude (memory/intelligence)
=
SUCCESS
Study Environment

The physical environment affects how positive a student feels about studying, how alert he stays and how long he will stick at a task

* Is the study place permanent?
* Can he study alone?
* Is it a traffic zone?
* Is it devoid of distractions?
* Is it well lit? well ventilated? well heated/cooled?
* Is the furniture suitable? desk? chair? bookcase?
• How important is it?

90% of new information is lost if there is no revision within 24 hours.

• Revise new material within 24 hours.

• Revise it again at least once during the term.

• Do final revision before exams.
Homework is:

• class work not completed during the day
• set exercises to be completed at home
• work which is to be marked
• long-term assignments
Study is:

• revision of previous work

• previous exam questions & exercises in texts and other resources, that have not been set by the teacher

• reading texts and other references

• summarising notes, text chapters

• usually not marked
Active Study

Active study involves **DOING** something..

- **Summarising topics** - write a shorter version, take notes, highlight
- **Practising examples** - use other texts or simply change the figures eg maths
- **Drawing diagrams** - copy several times during the revision process
- **Saying thing aloud** - can make difficult words and concepts easier to understand
- **Going over assessed work** - identify where marks were/were not gained
- **Doing some active reading** - take notes, underline, highlight
- **Doing a daily & weekly review** - this will refresh your mind
- **Using other media** - get additional information from internet, newspaper, videos
- **Note & file maintenance** - get organised! A divided file for each subject (notes, tests, exams) in a bookcase
Study Plans

• **How much time is enough?** Each individual is different and circumstances are different eg subjects, assessments, exams. A minimum of 2.5 - 3 hours per night is recommended.

• **What should be done each night?** Depending on circumstances (test, exams) active study should be done in each subject in which a lesson was had that day.

• **How is study organised?** Use a study planner/timetable that is flexible to reflect changes in circumstances eg co-curricular, family, social. Use it as a sense of achievement & reward, not as a threat or cause of conflict.
Procrastination is the avoidance of doing a task which needs to be accomplished.

**Why do we procrastinate?**

- poor time management
- difficulty concentrating
- fear & anxiety
- personal problems
- find the task boring
- unrealistic expectations & perfectionism
- fear of failure
Overcoming Procrastination

- Recognise self-defeating problems
- Identify goals, strengths & weaknesses
- Set priorities
- Study in small blocks of time
- Motivation - dwell on success, not on failure
- Set realistic goals
- Modify study environment
General Hints (for students)

• Have a study plan
• Use a homework diary
• Tick or cross out tasks as they are completed - a sense of achievement will be gained
• Provide personal incentives / rewards
• Be flexible
• Balance school, work, sport & social commitments
General Hints (for parents)

- Show an interest in your child’s study
- Encourage, don’t nag
- Be positive
- Encourage responsibility
- Be flexible
- Be firm but fair - compromise
- Provide incentives
Who can provide help?

- Academic Support Services
- House Heads
- Librarians
- Teachers
- Careers Adviser
1. Careers & Education Expo 15, 16, 17 May 2009 (Perth Convention Centre)


3. PLC Careers Expo - Monday 3 August

4. University Open Days
   ECU Live – Sunday 19 July (Joondalup Campus)
   Murdoch – TBA
   Edith Cowan – Sunday 2 August (Mt Lawley Campus – WAAPA)
   UWA - Sunday 9 August
   Notre Dame - 16 August
   Curtin - Sunday 16 August
   Muresk - TBA
   TAFE – TBA
WINTER TERM

- Week 2 - University & TAFE prospectuses
- Week 3 - TISC Guides
- Week 5/6/7 - Interviews with Mr Frusher
- 25 September - last date for TAFE & Uni applications without incurring a $110 late fee
- Monday 2 November - TEE commences
- Monday 24 December - TEE results available
Driving Cars and the rules!!

- Boys must register their cars with the Deputy Headmaster.
- They are encouraged to park at the Gooch Pavilion.
- Boys should not take passengers without written permission from the parents of the other students.
- No boy will be given permission to ride a motor bike or scooter to school.
- Boys may **not** go to their cars during the school day. This includes lunch time.
- Mr Freitag suggests that it is a privilege to have a car, not a right.
- Boys should not be driving to exams in case of distraction.
- There is no parking available for students on the campus.
...... some more rules!!

By Year 12, boys have learnt to work with staff and are treated accordingly.

However, it is important that boys continue to adhere to the basic rules of the College. These include:

- arriving on time
- attending all scheduled classes
- attending all sport practices and games as required
- wearing correct uniform and being properly groomed
- showing courtesy to staff at all times
- making good use of private study periods

In Year 12, boys need to be focused on getting their best possible outcomes and working with the staff to that end.
The School Ball
The “Afters” Committee
The “Afters” Committee

Mike Burrell made the following comments:

- Students must be at the “afters” event by 12.45am or they will be denied entry
- They must present themselves at the door with a parent
- Bags etc will be searched
- Water will be provided at the function
- Food **WILL NOT** be provided at the function. Students are advised to eat in the hour between the end of the Ball and the “afters” function
- The function will finish promptly at 3.00am
- Students must be collected by parents before they will be allowed to leave
- Students are advised to bring their SmartRider/ID cards for identification purposes