

Year 8 Parent Evening



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Agenda

- **Welcome – Mr Peter Freitag, Deputy Headmaster and Head of Senior School**
- **Outdoor Education in Year 8 – Mr Shawn Brogden, Head of Outdoor Education**
- **Structure of the School Year – Ms Jan Skidmore, Director of Teaching & Learning Yrs 1-12**
- **Rottnest Camp – Mr James Hindle, Camp Coordinator/Head of Alexander House**
- **International Baccalaureate – Mr Ben Beaton, MYP Coordinator**
- **House Structure/Pastoral Care – Mr Peter Freitag**
- **Supporting Your Son - Ms Shauna Lipscombe, School Psychologist**
- **What can we do for you – what do you need to know?**

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Outdoor Education



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Outdoor Education

Staff: Shawn Brogden (Head of Outdoor Education); Liam Sullivan (Bibbulmun Track); Christa Hawter (Middle School)

Outdoor Education is a compulsory part of every boys education from Year 5 to Year 10. It creates the opportunity for boys to:

- challenge themselves
- live together
- work together
- develop as a reflective citizens.

Moray is the Scotch's Outdoor Education campus, located in Dwellingup. 66 hectares of forested Jarrah, Marri and Yarri. Sleeps 42 students in dormitories with 3 campsites on the property.

Moray is bounded by the Murray River, the Bibbulmun track and the Munda Bididi trail. These are all accessible and used in our programmes.

Year 8 Programme

Boys attend in 2 class groups from a mix of houses. They need to bring **only** the equipment on the list that is issued with the medical form and notes to parents. Most important is a 2L water bottle (not a milk bottle) and a sun hat.

Every student will receive a journal to complete during the programme with a self assessment to be completed with parents on the first weekend together. Boarding students have until after the first boarders' weekend or Day 1 of the next term.

ishare. Parents will be able to access images and Blogs on the ishare website every night for an up to date account of how the programme is unfolding. Information on how to access this will be in the parent letter and emailed to parents prior to commencement of the programme.

Structure of the School Year



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INDEPENDENT BY CHRISTIANITY

Preparation Day – eg. First day of Year 8

- How did it go?
- What was the feedback?
- Did it create a smooth start for Tuesday?
- Can we do it better?

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Induction – the first three weeks.....

- Homework
- Fatigue
- Organisation
- Peer involvement
- Understanding the routine

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Communicating Progress

Summer Term 2009

- February 17 Parent Information Evening
- Week beginning March 23 Interim Reports
- April 7 Student Review Meeting
- April 9 Boarders' Student Review Meeting

Autumn Term 2009

- Week beginning June 8 Semester 1 Reports posted home

Winter Term 2009

- Week beginning September 28 Semester 2 Reports posted home

Spring Term 2009

- October 19 Students commence Year 9
- Week beginning December 7 Year 9 Interim Reports

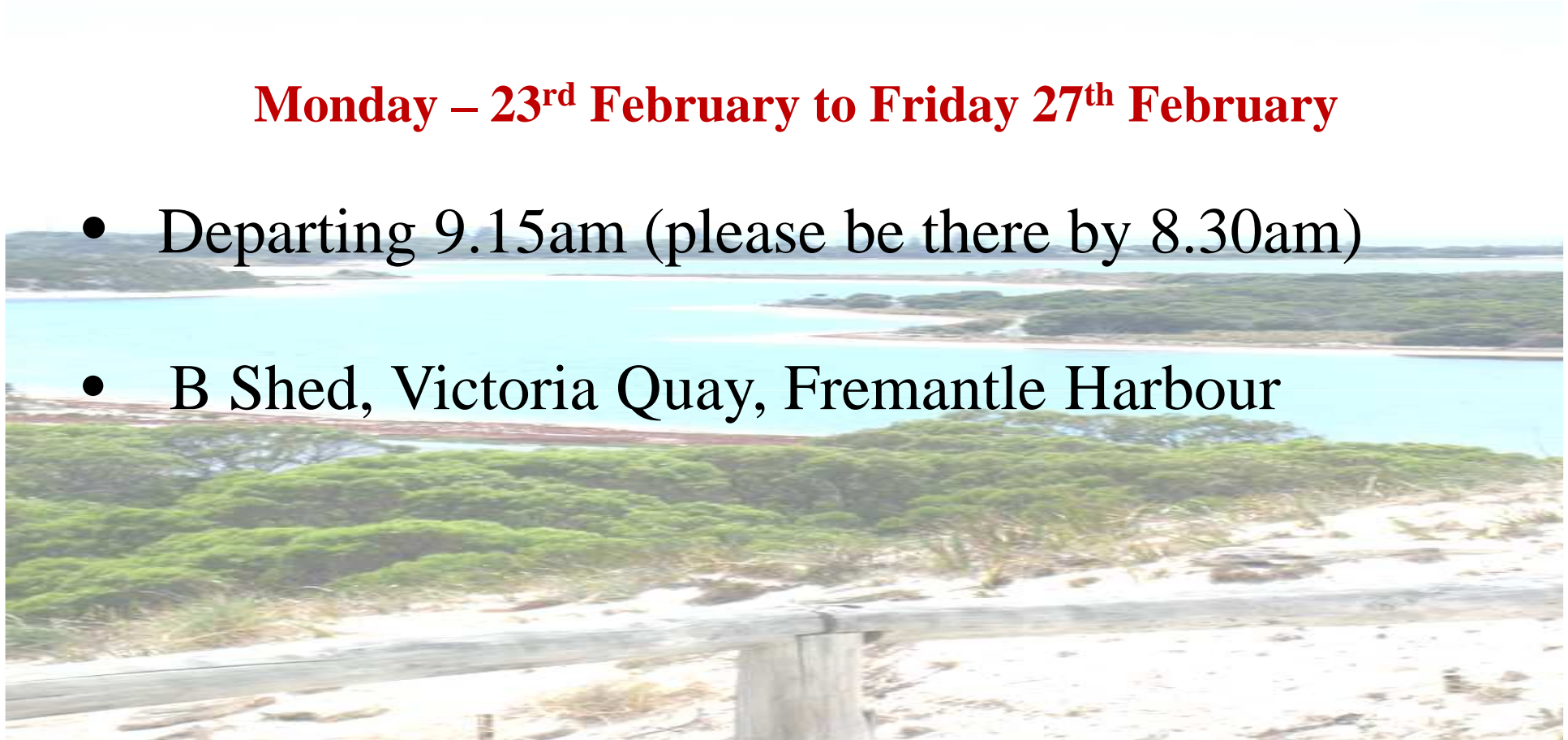
Important Events

- March 6 Year 8 Parents' Association Dinner
- March 27 Headmaster's Morning Tea
- TBA Social Activity
- December 4 Speech Night

YEAR 8 ROTTNEST CAMP

Monday – 23rd February to Friday 27th February

- Departing 9.15am (please be there by 8.30am)
- B Shed, Victoria Quay, Fremantle Harbour



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Activities



- History
- Aquatics (beach games)
- Ecology (looking at Rottneest's unique environment)
- Art
- Snorkelling @ Parker Point
- Survival
- Community Service

*Supervision
House Heads and person
in charge of activity*



Evenings

- putt-putt; House activities, movies
DVD/Quiz (last night)

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Accommodation



Kingstown Barracks
- dorms
Supervision by
House Heads

Bring bed sheets
(sleeping bags too hot)!!



✓ **Medication**

To be given to the House Head with clear instructions

✓ **Epi-pens**

Any boy who requires one must bring it and give to their House Head



- Meals at the Barracks (caters for those with allergies)

- We take extra food for afternoon teas (biscuits/cake & fruit)

- Students allowed to the shops once each day for an ice cream

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We need your help with

- ❖ Medical forms (especially allergies and dietary requirements)
- ❖ Clothing/equipment requirements (shoes for riding, footwear for reef-walking, fins and snorkel for snorkelling etc., roll-on deodorant, track suit for evenings)
- ❖ Money (\$20 will be enough)
- ❖ No mobile phones; iPods, iTouches, MP3s, electronic games, lollies/food
- ❖ My mobile phone number (0449 055 913) - James Hindle

Return to Fremantle:

Swimmers and Boarders - (Thursday 26th 10.15am Ferry, arriving 10.45am)

All Other Boys - Friday 27th - 10.45am Ferry - arriving 11.15am

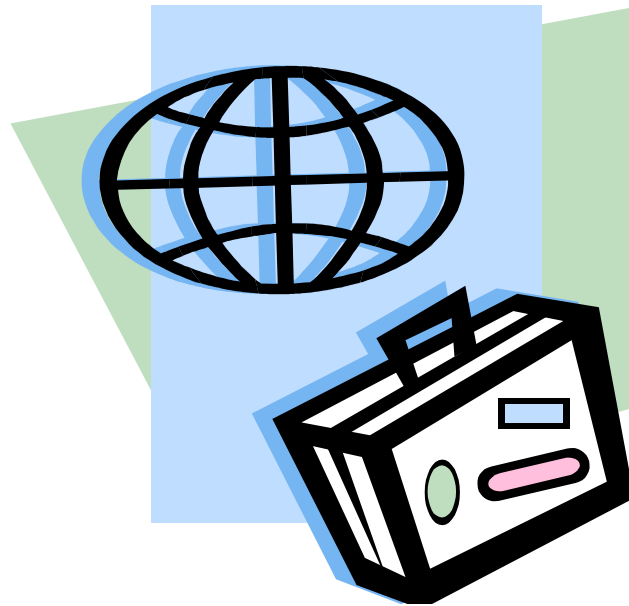
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International Baccalaureate

IBO mission statement

The International Baccalaureate Organisation aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.



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International Baccalaureate

The Middle Years Programme at Scotch College:

The MYP:

- has strong links to the WA Curriculum Framework curriculum and philosophy.
- establishes integration across curriculum areas
- offers a balanced curriculum based on five areas of interaction
- aims to develop an understanding of the concept of internationalism
- establishes an internationally recognised standard as the basis for curriculum design and presentation
- serves as an excellent introduction to post compulsory study
- encourages the disposition and capacity to be lifelong learners
- encompasses problem-solving skills, practical skills and intellectual rigour
- instils the capacity and self-confidence to act individually and collaboratively
- creates an awareness of global issues and the willingness to act responsibly
- promotes respect for others and an appreciation of similarities and differences

Pastoral Care/House Structure



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Where to go if ?



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Useful Contacts

Lost property/detentions:

Mr Phil Williams (pjwilliams@scotch.wa.edu.au)

Daily absences: – call 9383 6928

General academic issues:

Ms Jan Skidmore (jhskidmore@scotch.wa.edu.au)

or the appropriate House Head

Sport related matters:

Mr James Bridle (jabridle@scotch.wa.edu.au)



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Useful contacts

- **Inter-personal relations** (“how is my son going”? “he’s getting hassled by....” - **House Head**
- **All other general questions** re lockers, lunches, excursions:
Teachers - House Head
- **Major issue/concern** over school policy:
Mr Peter Freitag (pcf Freitag@scotch.wa.edu.au)



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Useful Contacts



- **Learning / behavioural or emotional difficulties:**
House Head then School Psychologist – Ms Shauna Lipscombe
(sclipscombe@scotch.wa.edu.au)
- Referral to an outside specialist: - **Ms Lipscombe**
- Medical query: - Clinical Nurse Manager – **Ms Di Brown**
(dmbrown@scotch.wa.edu.au)
- Outdoor Education: **Mr Brogden** (sdbrogden@scotch.wa.edu.au)

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Please be patient 😊

Staff sometimes take time to get to their emails or phone messages.

Classes come first, so please be prepared to wait for answer.

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**If you need to see a staff member,
please**



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Communicate

- Please make an appointment – teachers have classes to go to.
- Let a staff member know what your concerns are.
- Instant answers are great... but not always possible.
- We are all trying to do the best for your boy, so please approach a meeting with that in mind.
- You may have only heard one side of the story!



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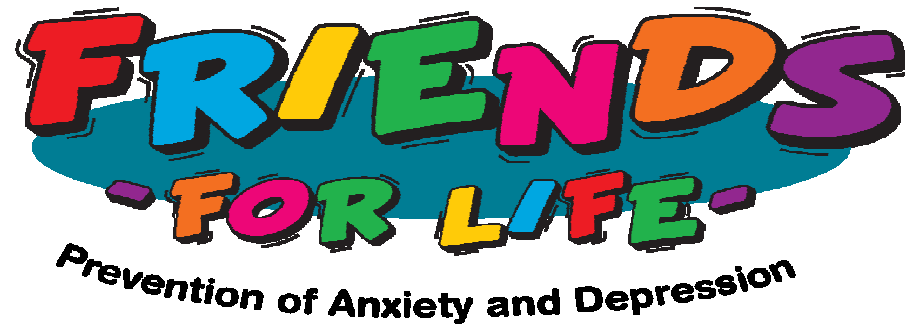


Issues

- Differentiate bullying and aggression ...
- Bullying may be physical but more likely to be name calling, verbal stuff ...
- Staff deal with it, House Heads deal with it, and I deal with it ...
- **It does work but we don't advertise!**

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Why a programme like this in school?

- At any given point in time, 4.8% of 12-16 year olds in Australia will experience anxiety or depression problems.
- About 1 in 5 children and adolescents will experience a depressive episode by the end of secondary school.
- Many more suffer from high levels of symptoms that don't meet the diagnostic criteria but interfere with social interaction and academic achievement. About 21% of 12 year olds and 27% of 15-16 year olds report "often feeling down/low".

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FRIENDS **- FOR LIFE -**

Prevention of Anxiety and Depression

“FRIENDS”

- was developed in Australia
- uses simple, well structured format
- has been used worldwide since 2001
- is World Health Organisation recognised
- has 11 years of scientific evaluation
- reduces risk for up to 6 years

“FRIENDS” helps young people gain skills such as:

- dealing with difficult situations
- recognising signs of anxiety
- relaxation techniques
- positive thinking
- problem solving
- emotional resilience
- using peer support
- conflict resolution

Website: www.friendsinfo.net